September 2017

Journeys

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:00 Breakfast 9:00 Ball toss 9:00 Feel the Beat 9:30 Scenic Drive 10:00 Sing a Long 10:30 Hydration & snack Social 11:00 Courtyard Nature 12:00 Lunch 1:00 Let's Remember When 1:00 Walking Club 2:00 Parachute Game 2:30 Hydration Social 4:00 Healthy Hands Movement 5:00 Dinner 6:30 Evening Chair Yoga	2 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 2:00 Animal Science 2:30 Hydration Social/ POPSICLES IN THE COURTYARD 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie
3 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:00 Stretching 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 1:30 Mandalas 2:30 Hydration Social 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie	4 8:00 Breakfast 9:00 Tic Tac Toe 9:00 Treasure Hunt 10:00 Feel The Beat 10:00 Chair Yoga 10:30 Hydration & snack Social 11:00 Courtyard Walk 11:00 Stretching 12:00 Labor Day BBQ 1:00 Bingo 2:30 Hydration Social 3:00 Balloon Volleyball 4:00 Outdoor Nature Science 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie Labor Day	5 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 2:00 Animal Science 2:30 Hydration Social 3:00 Balloon Volleyball 4:00 Stretching 4:00 Parachute Game 5:00 Dinner 6:00 Humor Club	6 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:00 Stretching 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 1:30 Mandalas 2:30 Hydration Social 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie	7 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:00 Stretching 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 1:30 Mandalas 2:30 Hydration Social/ POPSICLES IN THE COURTYARD 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie	8 8:00 Breakfast 9:00 Ball toss 9:00 Feel the Beat 9:30 Scenic Drive 10:00 Sing a Long 10:30 Hydration & snack Social 11:00 Courtyard Nature 12:00 Lunch 1:00 Let's Remember When 1:00 Walking Club 2:00 Parachute Game 2:30 Hydration Social 4:00 Healthy Hands Movement 5:00 Dinner 6:30 Evening Chair Yoga	9 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch Grandparents Day BBQ 1:30 Humor Club 2:00 Animal Science 2:30 Hydration Social/ POPSICLES IN THE COURTYARD 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie
10 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:00 Stretching 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 1:30 Mandalas 2:30 Hydration Social 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie Grandparents Day	11 8:00 Breakfast 9:00 Tic Tac Toe 9:00 Treasure Hunt 10:00 Feel The Beat 10:00 Chair Yoga 10:30 Hydration & snack Social 11:00 Courtyard Walk 11:00 Stretching 12:00 Lunch 1:00 Bingo 2:30 Hydration Social 3:00 Balloon Volleyball 4:00 Outdoor Nature Science 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie	12 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 2:00 Animal Science 2:30 Hydration Social 3:00 Balloon Volleyball 4:00 Stretching 4:00 Parachute Game 5:00 Dinner 6:00 Humor Club	13 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:00 Stretching 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 1:30 Mandalas 2:30 Hydration Social 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie	14 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:00 Stretching 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 1:30 Mandalas 2:30 Hydration Social/ POPSICLES IN THE COURTYARD 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie	15 8:00 Breakfast 9:00 Ball toss 9:00 Feel the Beat 9:30 Scenic Drive 10:00 Sing a Long 10:30 Hydration & snack Social 11:00 Courtyard Nature 12:00 Lunch 1:00 Let's Remember When 1:00 Walking Club 2:00 Parachute Game 2:30 Hydration Social 4:00 Healthy Hands Movement 5:00 Dinner 6:30 Evening Chair Yoga	16 8:00 Breakfast 9:00 Walking Club 9:00 Balloon Volleyball 10:00 Healthy Hands 10:30 Hydration & snack Social 11:00 Feel the Beat 11:00 Dancing& movement 12:00 Lunch 1:30 Humor Club 2:00 Animal Science 2:30 Hydration Social/ POPSICLES IN THE COURTYARD 3:00 Hand & Arm Massage 3:00 Balloon Volleyball 5:00 Dinner 6:30 Fascinating Facts 6:30 Evening Movie
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