

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2017



## December at the North Pole

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>Wear Red Day</b> 1	10:00 – Morning Stretch 2 <b>10:45 – Music w/ Karen in Journeys</b> 1:00 – Bingo with Hilda 2:00 – Movies w/ Larry 2:30 – Snack Social 3:00 – Poker 4:10 – Balloon Volleyball
					<b>10:30 – Daiso Store</b> 10:30 – Morning Snack Time 1:00 – Bingo with Hilda 2:00 – Coloring w/ Angel <b>2:15 – Safeway</b> 2:30 – Snack Social	
10:00 – Morning Stretch 10:30 – Beach Ball Toss 11:00 – Hand Massage 1:00 – Nickel Bingo 2:30 – Snack Time 3:00 – Poker 4:10 – Balloon Volleyball	10:00 – Morning Stretch 10:20 – Sitting Aerobics <b>10:45 – Chilis Restaurant</b> 1:00 – Bingo w/ Hilda 2:30 – Snack Social <b>3:00 – Arts and Crafts With Roxie</b> 4:10 – Balloon Volleyball	10:00 – Sitting Aerobics 10:30 – Snack Time <b>11:00 – Activity Chat w/ Janice/Activity Rm.</b> 1:00 – Bingo 2:30 – Snack Social <b>3:00 – Music w/ Vincent And Vicky</b>	<b>Make Cut Out Snowflakes Day</b> 6 <b>10:00 – Bible Stories</b> <b>10:30 – A. M. Weights</b> 1:00 – Nickel Bingo 2:00 – Puzzles w/ Angel 2:30 – Snack Social 3:00 – Arts and Crafts	<b>Int'l Aviation Day</b> 7 10:00 – Sitting Exercise 10:30 – Beach Ball Toss 11:00 – Aircrafts Trivia <b>1:00 – Resident Meeting w/ Gloria (ED)</b> <b>2:00 – Bible Study</b> Christmas Ornaments	10:00 – Chair Pilates 10:30 – Morning Snack Time <b>10:30 – Safeway</b> 1:00 – Bingo with Hilda 2:00 – Coloring w/ Angel 2:30 – Snack Social <b>2:35 – Activity Chat w/ Janice/ Activity</b>	10:00 – Morning Stretch 10:30 – Beach Ball Toss 1:00 – Bingo with Hilda <b>2:30 – Christmas Carols w/ Lutheran Church</b> 3:00 – Poker 4:10 – Balloon Volleyball
10:00 – Morning Stretch 10:30 – Beach Ball Toss 11:00 – Hand Massage 1:00 – Nickel Bingo 2:30 – Snack Time 3:00 – Poker 4:10 – Balloon Volleyball	10:00 – Morning Stretch 10:20 – Sitting Aerobics <b>10:45 – Dollar Store</b> 10:30 – Morning Snack Time 1:00 – Bingo w/ Hilda 2:30 – Snack Social <b>2:30 – Walmart Shopping</b> 3:00 – Christmas Movie <b>6:15 – Christmas Carols</b>	10:00 – Sitting Aerobics 10:30 – Snack Time 1:00 – Bingo w/ Hilda 2:30 – Snack Social <b>3:00 – Spanish w/ Hilda</b> 3:00 – 4:00 Sewing w/ Angel 3:30 – Balloon Volleyball	<b>Ice Cream Day</b> 13 <b>10:00 – Bible Stories</b> 10:00 – Sitting Exercise 10:30 – Beach Ball Toss 1:00 – Nickel Bingo <b>2:00 – Cooking with Karla</b> <b>2:30 – Ice Cream Social</b> <b>3:00 – Room Visit/Janice</b>	9:30 – Sitting Exercise <b>10:30 – Catholic Service</b> <b>10:30 – Christmas Carols Oak Grove Middle School</b> <b>1:00 – Chat with Gloria</b> <b>2:00 – Bible Study</b> 3:00 – Arts and Crafts	<b>Wildlife Conservation Day</b> 15 <b>9:40 – Lindsey Wildlife Pls. Bring your ID</b> 10:30 – Morning Snack Time <b>1:30 – Safeway</b> 2:00 – Coloring w/ Angel 2:30 – Snack Social <b>3:15 – Christmas Sing Along</b>	<b>Resident Christmas Party</b> 16 <b>9:30 – Piano with Bruno</b> 10:00 – Morning Stretch 10:30 – Beach Ball Toss <b>2:30 – Christmas party Please Dress Up</b> <b>3:00 – Santa is coming to town</b> <b>3:00 – Music w/ Vincent/Vicky</b>
10:00 – Morning Stretch 10:30 – Beach Ball Toss 11:00 – Hand Massage 1:00 – Nickel Bingo 2:30 – Snack Time <b>3:00 – Christmas Carols Hillside Covenant Church</b>	10:00 – Morning Stretch 10:10 – Sitting Aerobics 10:30 – Snack Time 10:45 – Balloon Volleyball 10:30 – Snack Time 1:00 – Hand Massage <b>1:30 – 3:00 American Heritage Girls</b>	10:00 – Sitting Aerobics 10:30 – Snack Time 1:00 – Nickel Bingo 2:30 – Snack Social <b>3:00 – Spanish w/ Hilda</b> 3:00 – 4:00 Sewing/Angel 3:30 – Balloon Volleyball 4:00 – Christmas Movie	<b>Sangria Day</b> 20 <b>10:00 – Bible Stories</b> <b>10:30 – A. M. Weights</b> 1:00 – Bingo with Hilda 1:45 – Gardening/ Thomas <b>2:30 – Sangria Snack Social</b> <b>3:00 – Room Visit with Janice and Angel</b>	10:00 – Sitting Exercise 10:30 – Beach Ball Toss 11:00 – Suduko Game <b>1:00 – Chat with Gloria (ED)</b> <b>2:00 – Bible Study</b> <b>3:00 – Resident Council</b>	10:00 – Chair Pilates <b>10:30 – Safeway</b> 1:00 – Bingo with Hilda 2:30 – Snack Social <b>3:00 – Arts and Crafts w/ Roxie</b>	10:00 – Morning Stretch 10:15 – Beach Ball Toss <b>10:45 – Music w/ Art &amp; John</b> 1:00 – Bingo with Hilda 2:00 – Movies w/ Larry <b>2:30 – Piano w/ Karen</b> 4:00 – Poker
10:00 – Morning Stretch 10:30 – Beach Ball Toss 11:00 – Hand Massage 1:00 – Nickel Bingo 2:30 – Snack Time <b>3:00 – Music and Tap Dance with Jonathan</b>	<b>Christmas Day</b> 25 10:30 – Snack Time 2:30 – Christmas Snack Social 1:00 – Bingo w/ Hilda 4:30 – Christmas Movie <b>Happy Holiday!</b>	10:00 – Sitting Aerobics 10:30 – Snack Time 1:00 – Bingo with Hilda 2:30 – Snack Social <b>3:00 – Spanish w/ Hilda</b> 3:00 – 4:00 Sewing w/ Angel 3:30 – Balloon Volleyball	<b>Hot Cocoa Day</b> 27 <b>10:00 – Bible Stories</b> 10:30 – Morning Snack Time 1:00 – Bingo with Hilda 1:45 – Gardening/ Thomas <b>2:30 – Hot Cocoa Social</b> <b>3:00 – Room Visit with Janice and Angel</b>	10:00 – Sitting Exercise <b>10:30 – Catholic Service</b> 11:00 – Suduko Game <b>1:00 – Chat with Gloria (ED)</b> <b>2:00 – Bible Study</b> 3:30 – Balloon Volleyball	10:00 – Sitting Aerobics <b>10:30 – Safeway</b> <b>1:30 – Music with Alvin</b> 2:30 – Snack Social 3:20 – Balloon Volleyball 6:30 – Movie Night	10:00 – Morning Stretch 10:30 – Beach Ball Toss 11:00 – Hand Massage 1:00 – Bingo with Hilda 2:00 – Word Puzzles 2:00 – Movies w/ Larry 3:00 – Poker 4:10 – Balloon Volleyball
10:00 – Morning Stretch 10:30 – Beach Ball Toss 11:00 – Hand Massage 1:00 – Nickel Bingo 2:30 – Snack Time 3:00 – Poker 4:10 – Balloon Volleyball	<h1>Courtyards at Pine Creek</h1>					
	1081 Mohr Lane, Concord CA 94518 (925) 798 – 3900 Lic# 075601529					
	Activities are subject to change. Thank you for being flexible.					

New Year's Eve

Christmas Day

Kwanzaa Begins

Winter Begins